



# ECKANKAR

The Path of Spiritual Freedom

*Presents*

A DAY OF SPIRITUAL  
INTERACTION ON THE THEME:

## SPIRITUAL KEYS TO A HAPPIER LIFE



### TOPICS

01. THE SPIRITUAL EXERCISE OF ECK, KEYS TO A HAPPIER LIFE.
02. IS ECKANKAR FOR ME
03. HELP IN DAILY LIFE
04. HU THE MOST BEAUTIFUL PRAYER
05. UNDERSTANDING AND MANAGING YOUR PROBLEMS
06. HOW TO BRING YOURSELF CLOSER TO THE HOLY SPIRIT
07. KEEPING YOUR HEART OPEN TO GOD'S LOVE
08. THE SECRET OF SERVING ALL LIFE



SATURDAY,  
30TH JULY,  
2022



9:30am -  
4:00pm



ECK CENTRE,  
EMINA, NEAR ANINIWA  
HOSPITAL, KUMASI

### CONTACT

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**ALL ARE CORDIALLY INVITED!**